

# NATIONAL RECOVERY MONTH

CELEBRATE WITH US!



1

## RECOVERY IN COLOR VIRTUAL ART SHOW | NOW THROUGH SEPT. 30

Visit our website to submit a photo of your artwork and we may feature it on our website and social media!



2

## RECOVERY MONTH ON SOCIAL MEDIA

Visit DBH's social media pages to view photos from staff, stories of recovery, inspirational quotes and more! Plus, print out handheld signs on our website, take a selfie and send to us! We may feature you on our social media.



@sdbbh



@sdbbh



@sbcdbh



3

## RECOVERY HAPPENS 2021 | SEPT. 18 | 11 A.M.

Celebrate individuals in recovery and the work of local treatment providers. Hear testimonies from our keynote speakers about their story of recovery including Cesar Garcia, actor, producer and writer; and Tony Hoffman, former BMX Elite Pro and motivational speaker.



4

## STATE OF RECOVERY | SEPT. 22 | 6-7:30 P.M.

Hear about the state of recovery as experts answer your questions about the recovery process and substance use disorders. More info coming soon!



5

## POETRY WORKSHOPS | SEPT. 20-21 AND SEPT. 27-28 | 4-5 P.M.

Write a poem based on your experiences with recovery or by exploring the purpose and themes of National Recovery Month! Workshops are at San Bernardino Valley College and are free to attend.



6

## POETRY READING | SEPT. 30 | 6-7:30 P.M.

The Poetry Reading event will feature Kat Magill, author poet and producer, as well as special readings by those who participated in the poetry workshops and by other local poets. The event is free to attend at the San Bernardino Valley College Auditorium.



7

## RECOVERY MONTH AND SUICIDE PREVENTION TOOLKITS

DBH has also created Recovery Month and Suicide Prevention toolkits for display in your lobby or place of business. Toolkits are filled with resources and incentive items for the communities you serve. Email us at DBH-PublicRelations@dbh.sbcounty.gov for your free kit.

For full event details, visit [bit.ly/DBHRecoveryMonth](https://bit.ly/DBHRecoveryMonth)  
or call (909) 386-9720



Behavioral Health

If you speak another language, language assistance services are available to you free of charge by dialing (888) 743-1478. TTY users dial 711. DBH complies with applicable federal, civil rights laws and does not discriminate based on race, color, national origin, sex, gender identity, age, disability, or LEP.